



# Tallil Times

Vol. 1, Issue 20

332nd Air Expeditionary Wing, Tallil Air Base, Iraq

Friday Sept. 26, 2003

## NEWS BRIEFS

### Oct. 1 Pay Changes

The increased entitlements for Family Separation Allowance and Hostile Fire Pay are scheduled to end Oct. 1. Members will receive the \$250 FSA (if entitled to it) and the \$225 HFP in their Oct. 1 paycheck, as this is pay for the second half of September. At this time, legislation has not been passed to continue these entitlements, at those rates, into the new fiscal year. Prior to this past year's increase, these entitlements were \$100 FSA and \$150 HFP. Please do not plan on the additional \$150 FSA and \$75 HFP until legislation is passed authorizing the extension of increased entitlements.

### Time Change

Per CENTCOM Order 851, Tallil Air Base will change from Daylight Saving Time to Standard Time at 1 a.m. Sunday morning. All members are reminded to set their clocks back one hour to GMT +3 as part of this required action.

### Smoking Areas

Tallil Tent City residents are reminded to smoke only in authorized areas. These areas are clearly marked with an approved sign placed by the 332nd ECES Fire Department. While some members have created ad hoc smoking areas – remember, if there is not an official sign at the location, it is not an approved smoking area.



Photo by Master Sgt. Don Perrien

**▲ READY FOR ANYTHING:** Airman 1st Class Pete Rockey and Tech. Sgt. Perry Vaughn of the 332nd Expeditionary Civil Engineer Squadron's Readiness Flight run through a checklist in the Survival and Recovery Center. The 332nd Air Expeditionary Wing conducted the exercise Monday, evaluating the base's wartime readiness capabilities.

## Wing conducts readiness exercise

by Master Sgt. Don Perrien  
332nd AEW Public Affairs

"ALARM RED! ALARM RED!" The words blared from the wing's giant voice towers, followed by the shrill sounds of a siren Monday evening, urging Tallil Air Base members to seek shelter and take protective action.

Some people ran indoors for shelter, while others donned their helmets and flak vests and dove under what cover they could.

Fortunately, it was only an exercise assessing the base's ability in reacting to a simulated mortar attack.

The 332nd Expeditionary Civil Engineer Squadron's Readiness Flight conducted the exercise.

"The main focus of this exercise was to ensure, during an attack on Tallil Air Base, personnel accountability could be accomplished in a safe and effective manner," said Capt. Martin Pantaze, 332nd ECES Emergency Services Flight commander. "Other areas of interest included seeing if and how personnel would react to an attack."

The scenario was designed to be simple – a terrorist vehicle ap-

proached the outer perimeter of Tallil Air Base, then launched three mortars and attempted to escape. While appearing simple, similar attacks have taken place at other bases in Iraq.

According to the Readiness Flight, this type of exercise is an important part of the mission here at Tallil.

"The precedent has been set for attacks here in the AOR, and we are the only air base in Iraq that has not taken a mortar attack," said Master Sgt. Raymond Carroll, 332nd ECES Readiness superintendent. "This is a real threat that we need to prepare for."

Acting as facilitators for the event, the 332nd ECES Readiness Flight was pleased with the base's response to the exercise, but stressed there are areas in which the wing could improve.

"Overall, I think the wing met the objectives, but as with any exercise, there is always room for improvement," Captain Pantaze said. "One area needing emphasis is ensuring personnel react with a greater sense of urgency. This time was an exercise; next time we hear the alarms, it may be the real thing."

The quick and effective actions of the Security Forces drew praise from

the Readiness Flight.

"If anyone knows the threat here at Tallil, it is the Security Forces troops — they know that this could really happen," Sergeant Carroll said.

"When the exercise kicked off, I watched as two of their troops hit the floor and donned their individual protective equipment, while the other one sat in his chair and diligently made his notifications.

"When the other two had their equipment on, they replaced the unprotected airman so that he could don his IPE and they could continue making the required notifications," he said. "They were a great example of what everyone's response should be like."

The 332nd Air Expeditionary Wing will conduct exercises like this one on a recurring basis, as determined by the wing commander.

"It's important that everyone remembers we are still in a wartime environment, and we cannot afford to be complacent," Captain Pantaze said. "Outside of this base, people are being killed by terrorist attacks every day. My number one goal is to make sure my people return home alive and well. I hope it's yours too."



### Commander's Corner

Many of you may have noticed quite a bit of construction, beyond our quality-of-life projects, taking place around the base recently.

From adding more tents in tent city, to creating new facilities on the flightline, the 332nd Air Expeditionary Wing is making room to beddown an additional C-130 unit here at Tallil Air Base.

These C-130 aircraft, their crews and supporting units will help us expand the capabilities of our wing, providing cargo and passenger airlift throughout the AOR.

I encourage everyone to welcome the newest members of our wing as they arrive over the coming weeks to Tallil.



Photo by Senior Airman Karolina Gymrek

▲ **CARING VISIT:** Maj. Gen. Lorraine Potter, Air Force chief of chaplains, and Col. Jay Johannigman, 332nd EMEDS vice commander, visit an Iraqi child staying at the unit's medical facility here.

## AF Chief of Chaplains visits Tallil AB

by Airman 1st Class Kara Philp

332 AEW Public Affairs

is high — they know they are making a difference," she said.

Chaplain Potter challenges troops to take their enthusiasm home with them.

"The satisfaction you get from doing the job here, whatever it is — take it with you, apply it at home so your job at home will be equally satisfying," she said.

Chaplain Potter worked closely with the 332nd AEW Chapel staff while at Tallil.

"It is a joy showing her what we are doing here and to see how we have improved the facilities for our people," Chaplain Ericson said. "We think that we have a great team and we're proud to show off what we are doing and for her to meet the great people who are living and working at Tallil."

While at Tallil, Chaplain Potter participated in the dedication ceremony of the chapel's new bell tower.

"It's a symbol of where our gifts and talents come from — looking up and serving God," she said at the dedication ceremony. "The sound of the bell is a reminder of the gift of life and the freedom we have in faith."

Staff Sergeants Jonathan Mathe and John Virden, 332nd AEW chapel assistants constructed the tower, which holds the actual bell from the old chapel at Al Jaber Air Base.

"Our guys completed it and stained it just before the chief of chaplains arrived and we decided to ask her to dedicate it," Chaplain Ericson said.

The Air Force Chief of Chaplains visited Tallil Air Base Wednesday as part of her first visit to bases located in the AOR.

According to Chaplain (Maj. Gen.) Lorraine Potter, it has taken her a while to get permission to visit the AOR.

"It's taken me two and a half years, and this is my fourth try," she said. "God wants me to open the door, paving the way for the next chief of chaplains to visit and reminding our leadership what the chief of chaplains can do with their presence."

According to Chaplain (Lt. Col.) Rodger Ericson, 332nd Air Expeditionary Wing chaplain, Chaplain Potter's visit is a step in the new direction of the chaplain service.

"The chaplain service is focusing more on deployments that it did when I entered the Air Force in 1980," he said. "Her visit will help her to see the importance of this ministry and what the living conditions are like in bare base locations."

Chaplain Potter said a big part of her visit in Iraq was seeing the troops.

"I thank the troops and their families for what they are doing," she said. "We are making a difference in this country."

"The troops in Iraq are really focused and morale

## ACTION LINE

**332AEW.actionline@tlab.aorcentaf.af.mil**

*The Commander's Action Line is the direct link to the 332nd AEW Commander, Col. Marke F. Gibson. It's your opportunity to make Tallil Air Base a better place to live, work and play.*

*First give your chain of command and the appropriate base agencies a chance to solve the problem, but if you don't get a satisfactory answer, send an e-mail to 332AEW.actionline@tlab.aorcentaf.af.mil.*

*Items of basewide interest may be published in the Tallil Times.*

**Q:** I see there are water heaters for the shower tents in tent city. Why can't they be turned on in the mornings when the water is really cold?

**A:** The water heaters for the showers in tent city are turned on. However, the reason you may be getting a cold shower is because there's about 4 to 8 gallons of water in the lines between the boiler and your shower head. If you're the first person taking a combat shower in the morning, you're going to get a cold shower until the water from the boiler has a chance to reach the shower head.

### EDITORIAL STAFF



Vol. 1, No. 20 Sept. 26, 2003



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The TALLIL TIMES accepts stories, photographs and commentaries, which maybe submitted to the PA

staff located in the Wing Operations Center (WOC) or can be sent directly to the newspaper at tallil.times@tlab.aorcentaf.af.mil

Deadline for publication is 2 p.m. Thursday before the week of publication. All submissions are edited for content and Air Force journalistic style. Submission of articles and photos does not guarantee publication. The editor reserves the right to publish, reject and edit all news stories in accordance with the TALLIL TIMES editorial policy. For more information, visit the PA office located in the WOC, call 459-0014, or e-mail the staff at tallil.times@tlab.aorcentaf.af.mil



## IN BRIEF

All times are local.

### AF Worship Services

Worship is at 332nd AEW Chapel, unless otherwise noted.

#### Catholic

Daily Mass: Monday through Friday, 6 p.m.

Vigil Mass: Saturday, 6 p.m.

Sunday Mass: 8 a.m.

POC: Ch. Eugene Theisen at 459-0038

#### Protestant

##### Noon Prayer/Praise

Monday through Friday, 11 to 11:15 a.m.

Contemporary Liturgical

Communion

Saturday, 7:30 p.m.

Traditional

Sunday, 9:30 a.m.

Liturgical Communion

Sunday, 10:45 to 11:15 a.m.

Contemporary, Nondenominational Sun, 7 p.m.

Gospel Service

Sunday, 11:45 a.m. to 1:30 p.m.

POC: Ch. Rodger Ericson, 459-0038

#### Latter Day Saints

Lay-Led Service

Sunday, 2 p.m.

POC: Staff Sgt. Hager, 573-1107

#### Jewish

##### Lay-Led Service

Friday, 8 p.m.

POC: Ch. Ericson, 459-0038

#### Muslim

(LSA Adder Chapel)

##### Prayer

12:30 p.m. and sunset daily

### Bible Studies

#### Women's

Tuesday, 7:30 p.m. (chapel)

#### Men's

Tuesday, 7:30 p.m. (Chapel annex)

Catholic (RCIA)

Thurs, 6:30 p.m. (chapel)

Catholic

"Our Fathers Plan" Part 1 —

Sunday, 6:30 p.m. (Chapel annex)

"The Gospel According To John" Part II — Sunday, 7:30 p.m.

(Chapel annex)

Bible Overview

Men and Women — Thursday

7:30 p.m. (dining room)

LDS Study

Thursday, 7 p.m. (Chapel annex)

### AF and Army Notices

#### Morale Calls

Do not use workplace phones for morale call purposes.

#### Driving on Base

Speed limits on base are 20 mph. Helmets are required in all tactical All-Terrain Vehicles (ATV's) and "Gators."

#### Run Routes

Running in groups of two or larger is authorized in two locations: from the BX/PX parking lot and off the main gate road toward the burn pit. The required uniform is T-shirt and shorts or pants. Running is not authorized on any other road.

#### Ammunition Storage

The 38th Ordnance Group provides ammunition storage for units on Tallil Air Base. Contact Mr. Matheson at 573-1258 for more information.

#### Ziggurat of Ur

Visits to the Ziggurat require a pass. For information, U.S. Army personnel may call 573-1107.

Air Force Services has expanded its tour schedule to include two afternoon visits to the Ziggurat. For more information, call the Air Force Rec. Center at 459-0121.

The schedule is as follows:

Saturdays, Tuesdays, Thursdays: 10 a.m. (show time of 9:30 a.m. at the Rec. Center).

Sundays and Wednesdays: 2 p.m. (show time of 1:30 p.m. at the Rec. Center).

For more information on trips to the ziggurat, see pages 4 and 5.

#### AF Volunteers needed

Volunteers are needed for 5K Fun Runs. For more information, call A1C Bret Lockerbie at 459-0118.

Volunteer drivers are needed for Ziggurat Tours. For more information, call Bernard Ashlock at 459-0117.

### 332nd ESVS News

#### "The Hot Spot" Rec. Center

Bingo is scheduled for 7 p.m. tonight at the outdoor theater.

#### What's playing?

##### Tonight:

Daredevil (indoor at 6 p.m.)

Hollywood Homicide (outdoor at 9:30 p.m.)

##### Saturday:

NCAA Football (indoor at 8 p.m.)

Variety Music (outdoor at 8 p.m.)

##### Sunday:

NFL (indoor at 8 p.m.)

NFL (outdoor at 9 p.m.)

##### Wednesdays:

Check movie schedule what's playing and enjoy 'free ice cream before Wednesday movies.'

##### Thursdays:

The 332nd ESVS is now offering Thirsty Thursdays, which include complimentary hot dogs, \$0.50 near beers and slushies.

#### "Muscle Beach" Fitness Center

A Volleyball tournament is scheduled for 7 p.m. Saturday.

A Basketball tournament is scheduled for 7 p.m. Saturday.

The September Birthday meal, brought to you by the 332nd Expeditionary Services Squadron is scheduled for tonight at 7:30 p.m. Sign up with your unit first sergeant.

## 332nd AEW Warrior of the Week

### Senior Airman Kara Figarsky

**Unit and duty title:** 102nd Expeditionary Rescue Squadron intelligence apprentice

**Home unit:** Francis S. Gabreski Air National Guard Base, New York

**Why other warriors say she's a warrior:** "Airman Figarsky has self initiated several critical intelligence programs which were not previously available within the rescue intelligence section," said Master Sgt. Victor Greenwood, 102nd Expeditionary Rescue Squadron first sergeant. "Additionally, Airman Figarsky has demonstrated that she is a true team player by helping her section develop a comprehensive continuity binder which will greatly benefit other rescue intelligence personnel deploying here. Her accomplishments are all more than noteworthy due to the fact that she is a three-level intelligence specialist, but has performed above and beyond what is expected of a person with her rating."



### Words for Warriors

*"What counts is not necessarily the size of the dog in the fight - it's the size of the fight in the dog."*

*— Dwight D. Eisenhower*



They got you here and they'll get you home ...

# 332nd ELRS Aerial Port Flight

by Airman 1st Class Kara Philp

332nd AEW Public Affairs

Once the C-130 lands on the foreign runway, its passengers are escorted to a nearby bus as the heat radiates off the jet – Welcome to Tallil Air Base.

We've all been there, but what you might not have noticed is the hardworking folks of the 332nd Expeditionary Logistics Readiness Squadron Aerial Port Flight.

The Aerial Port Flight is made up of the Air Terminal Operations Center, Passenger Terminal and Traffic Management Office.

"We're the first and last thing they see on Tallil and we work to provide a positive experience," said 1st Lt. Marlon Johnson-Ayers, 332nd ELRS Aerial Port Flight commander. "Life is great in Iraq, and we want our passengers to get off on the right foot."

The command and control element (ATOC) monitors all inbound and outbound flights,

cargo processing function safety and briefing aircrews.

The passenger terminal is responsible for all paper documentation for personnel coming to and going from Tallil.

TMO processes cargo in and out of Tallil.

The Aerial Port Flight sets the standard for the one-team, one-flight concept.

"We work with the coalition forces and the Army and we're comprised of active duty and Reserve members," said Senior Master Sgt. Dennis Daubert, 332nd ELRS Aerial Port Flight chief. "If it's a cargo bird ... we're gonna track it."

The U.S. Air Force troops are not the only ones responsible for tracking, loading and unloading Tallil's precious cargo.

"The Estonian and Lithuanian troops work side-by-side with us and are fully incorporated," Sergeant Daubert said. "They have had their hand in it since day one and have truly ensured the success of



▲ ALL ABOARD: Staff Sgt. Jayson Watson, 332nd ELRS Aerial Port Flight crew chief, shows passengers the way to board the aircraft during an engine running offload.

aerial operations at Tallil."

Although the coalition forces come from a variety of career fields, including pilots, they stepped up to accomplish the aerial port's mission.

"The main thing I am doing at home is flying, I just came here for this special mission," said

Estonian Air Force Master Sgt. Marko Kanger, AN2 light cargo plane pilot. "I know what's going on and how things have to be, but I have not done this before. We first look at how they are doing it, then practice and it's not so difficult."

The coalition forces contribute daily to the flight's mission in addition to off-duty self-help projects.

"If it wasn't for the coalition, we'd be hurting – they have an incredible work ethic and this is a very positive learning curve for them," said Lieutenant Johnson-Ayers. "We've been able to focus on our mission and facility upgrades and training at the same time."

The latest upgrade to the terminal is a new passenger waiting area — two new California tents are set up, complete with chairs, televisions and picnic tables.

"We're providing a cozier atmosphere for all troops, where they can sit, relax and stay cool," Sergeant Daubert said.

Although the members of the Aerial Port Flight can't do anything about the temperature of a C-130 engine, their hard work has made a cooler experience for all their passengers.



Photos by Staff Sgt. John Barton

▲ ALL TOGETHER NOW: (left to right) Staff Sgt. Jayson Watson, crew chief, and ATOC crewmembers, Lithuanian Air Force Lt. Dainius Paskevicius, Estonian Air Force Airman 1st Class Arthur Tsepelin, and Estonian Senior Airman Bronisla Skaperin, load a cargo pallet onboard a C-130 Wednesday.



# Safety First

by Master Sgt. Mike Andrzejewski

332nd AEW Ground Safety Manager

## Half Way Home

There are three periods during a deployment that personnel are injured.

The first is when we have just arrived. We are unfamiliar with our surroundings and don't know all the local procedures.

The second is after we have been here for a while and get the feeling that we know all of the hazards. We have been here doing our jobs for about two months and begin to feel comfortable with our surroundings.

The final period is near the end of the deployment. After three or four months we become complacent. We have the "nothing has happened to me yet so it won't now" attitude. We are also distracted, thinking about going home, seeing our family and friends and drinking frosty beverages.

For most of us, we are in the second phase of the deployment and the final phase is quickly approaching. Don't let the fact that you have survived 10 weeks or so without an injury fool you into thinking it won't happen to you.

One member of the last rotation learned this the hard way. Only days before leaving, he and several of his friends were "having fun," until he broke his arm.

Instead of going back home, he was treated to a plane ride to another hospital for additional treatment and weeks of recovery while his friends returned home. Continue to do things with safety in mind so you can return home healthy and enjoy yourself.

I would also like to take a minute to share a safety success story.

Recently, three members of the 332nd Expeditionary Civil Engineer Squadron, Senior Airman Joel Guach, Airman First Class Joseph Coxen and Airman First Class Jose Herrera, discovered and repaired a potential electrical and fire hazard within an environmental control unit.

Their actions prevented a bad situation from becoming worse and potentially injuring someone. Congratulations on a job well done.

# DOD investigating AF translator

Senior airman charged with espionage following investigation at Guantanamo Bay, Cuba

by Donna Miles

American Forces Press Service

WASHINGTON (AFP) — The Defense Department is continuing its investigations into two cases associated with the confinement facility at Guantanamo Bay, Cuba, in which an Air Force translator is charged with espionage and an Army chaplain is being held pending charges.

Raul Duany, spokesman for U.S. Southern Command, said the military has no information at this time that the two cases are connected.

Both cases involve servicemembers assigned to Camp Delta on U.S. Naval Station Guantanamo Bay, where the United States is detaining suspected al-Qaida and Taliban members.

Senior Airman Ahmad I. Al Halabi, assigned to the 60th Logistical Readiness Squadron at Travis Air Force Base, Calif., is being held in pre-trial confinement at Vandenberg AFB, Calif., following his Article 32 hearing last week. An Article 32 hearing is the military's equivalent of a preliminary hearing and grand jury process in the civilian justice system.

Air Force spokeswoman Lt. Col. Jean Schaefer said Al Halabi, who was apprehended July 23 at Jacksonville Naval Air Station, Fla., is charged with numerous Uniform Code of Military Justice violations. These include three charges of aiding the enemy, four charges of espionage, and nine charges of making false statements. Four other charges allege violations of the U.S. Code relating to espionage and to executing a fraudulent credit scheme.

The six-page charge sheet against Al Halabi, a native of Syria, accuses him of activities at Jacksonville NAS on the day of his arrest conducted "with intent or reason to believe it would be used to the injury of the United States or to the advantage of Syria." These include delivering three e-mail messages containing classified information about the detainees at Guantanamo Bay, and attempting to deliver two handwritten notes and more than 180 electronic versions of written notes from detainees to a third party to be carried to Syria.

The writings "directly concerned intelligence gathering and planning for the United States' war against terrorism," the charge sheet against Al Halabi notes.

He also is accused of e-mailing detainees' names, countries of origin, addresses, and corresponding internment serial numbers "to unauthorized person or persons whom he, the accused, knew to be the enemy" and of failing to report to military authorities that he had made contact with the Embassy of the Syrian Arab Republic.

Other charges against Al Halabi accuse him of

wrongfully taking photographs of facilities in and around Camp Delta, of improperly handling classified information, of unauthorized communication with detainees and of failing to report other servicemembers' unauthorized communications or attempted communications with detainees.

Schaefer said these activities occurred between December and July, when Al Halabi was on temporary duty at Guantanamo Bay serving as a translator. He was apprehended at Jacksonville NAS when he returned to the United States on personal leave. Al Halabi was transported to Travis AFB the following day.

Brig. Gen. Bradley S. Baker, commander of the 60th Air Mobility Wing at Travis and the special court-martial convening authority for the case, is awaiting the report of investigation following Al Halabi's Article 32 hearing, which was held Sept. 15 to 18 at Vandenberg AFB.

Based on the report's recommendations, Schaefer said Baker could choose to proceed with a court-martial or take other actions, as appropriate.

Meanwhile, a military magistrate ruled Sept. 15 that the military has sufficient reason to hold Army Capt. Yousef Yee while it continues its investigation into his case.

Duany said Yee was arrested at Jacksonville NAS on Sept. 10 and is being held at the Naval Consolidated Brig at Charleston, S.C.

No formal charges have been filed against Yee. Duany explained that the UCMJ gives the military up to 120 days to formally charge an accused servicemember and begin a trial.

Yee, a 1990 graduate of the U.S. Military Academy, served as an artillery officer with a Patriot missile battery in Southwest Asia during the Gulf War. U.S. Southern Command spokesman Steve Lucas said Yee left active duty and traveled to Syria to study Islam, changing his first name from Joseph to Yousef. Yee returned to active duty and completed the Army Chaplain's Officer Basic Course in April 2001.

Following an assignment with the 29th Signal Battalion at Fort Lewis, Wash., Yee spent 10 months with Joint Task Force Guantanamo as a Muslim chaplain. In that capacity, Lucas said Yee served as an Islamic adviser to the JTF commander and counseled Muslim detainees.



Photo by Greg Kobashigawa

▲ **BAY'S GATE:** Guantanamo Bay Naval Base's Northeast Gate where the base and communist Cuba meet. Gitmo currently serves as the base where almost 300 suspected Al Qaeda terrorist organization and Taliban members are being detained.



# Air Force Post Office closes its doors

**Members will use Army's 806th Postal Company beginning next month**

**by Master Sgt. Sylvia Goodwin**  
332nd ECS Postmaster

The Air Force Post Office, located outside the Tallil Tent City's north entry control point, will close its outgoing mail service Oct. 15 and shut down all other operations Nov 1.

Beginning in November, all postal operations will be handled by the Army's 806th Postal Company, located down the street near the Base Exchange.

"The Air Force recently conducted a site survey and came to the conclusion that one postal facility could provide service to all personnel here at Tallil," said Tech. Sgt. Steven Wise, deputy post master.

"Folks will have the same service for outgoing mail and incoming mail that they have been accustomed to, simply at a differ-

ent location," he said.

The handing over of the operation will be phased in beginning Oct. 1, when customers will begin to see a scaling back of Air Force Post Office customer service hours for outgoing mail.

"This down time will allow for transfer of postage accounts and equipment to the Army side and training of personnel on new procedures," Sergeant Wise said.

Beginning in October, Air Force personnel may begin to use the Army Postal Office during its scheduled hours of 9 a.m. to 5 p.m. Monday through Saturday.

Unit postal clerks will receive detailed information on how their units incoming mail will be handled. However, local postal officials anticipated that little will change, other than the location.

"We have worked very closely with the Army since April and they are very knowledgeable of our operation, so the learning curve for them is almost non-existent," Sergeant Wise said.



Photo by Airman 1st Class Kara Philip

**▲ MAIL CALL:** Airman 1st Class Nickie Gustafson, 332nd Expeditionary Communications Squadron Post Office postal technician, retrieves the mail from one of the Air Force Post Office's mailboxes.

# CENTAF Reserve and Guard liaison visits Tallil AB

**by 1st Lt. Daniel DuBois**

332nd AEW Public Affairs

The senior CENTAF Reserve and Guard liaison visited Tallil Air Base this week addressing some important concerns of members deployed here.

Col. Robert Tilton explained that the biggest reason he came was to ensure deployed Guard and Reserve members understand their benefits and entitlements.

"Our primary office responsibilities are to serve as the Reserve Component Advisor to CENTAF senior leadership," Colonel Tilton said. "Most importantly, we resolve Air Reserve Command day-to-day issues to ensure total force integration."

Successfully resolving issues is important because it allows theater commanders to focus on the mission, instead of personnel, finance or other Guard and Reserve-specific issues, Tilton said. He accomplishes this via his access to the Air National Guard and Air Force Reserve Command where many experts are standing by to help.

Colonel Tilton discussed a wide range of issues with troops: mobilization, deactivation, current general guidance, Tricare benefits, pay and benefits, and medals and ribbons, to name a few.

For Tallil AB members with access to the wing's shared 'O' drive, a copy of his briefing is located in the All Personnel/AEG Staff folder, entitled GuardRES.pdf.



**Col. Robert Tilton**  
Senior CENTAF Reserve and Guard liaison



## The CENTAF/ARC Action Line

Advisors available for Air Force Reserve members and Air National Guard

Air Force Reserve and Air National Guard members serving in CENTAF may have special questions unique to their deployment. The Air Reserve Component Liaison Office is here to help answer those questions. Sending an e-mail is an excellent way to reach the office. You need to include your full name, rank and home station, and please indicate if you are ANG or Air Force Reserve.

### How To Contact Us

- E-mail

- [centaf.arc@auab.aorcentaf.af.mil](mailto:centaf.arc@auab.aorcentaf.af.mil) (NIPRNET)
- [centaf.arc@auab.aorcentaf.af.smil.mil](mailto:centaf.arc@auab.aorcentaf.af.smil.mil) (SIPRNET)

- DSN:

- 318-436-4009 (STU)
- 318-436-4359 (FAX)

- CENTAF Web Page

<https://wwwmil.jtfswa.af.mil/>

### Useful Web Sites

- 4th Edition of the Guide to Reserve Family

<http://www.defenselink.mil/ra/documents/family/benefits.pdf>

- ANG/DP Mobilization Guidance

<https://airguard.ang.af.mil/dp/mobilization.htm>

- AFRC Mobilization Guidance

<https://wwwmil.afrc.af.mil/mobilization>



# Army makes changes to PT regimen

by Army Sgt. Trenace Johnson

Army News Service

FORT BLISS, Texas – A team from the U.S. Army Physical Fitness School is visiting Army installations to teach a new exercise regimen that includes pull-ups, the shuttle sprint, squat bender, rower and forward lunge.

The school's commandant began by visiting Fort Bliss last week to teach physical training instructors the exercises designed to improve muscle strength, endurance and mobility, while focusing on fitness for everyday life. There are no immediate plans to change the Army's physical fitness test, officials said, just how soldiers prepare for it.

The 6th Air Defense Artillery Brigade sponsored the training last week that involved more than 60 soldiers from various units on Bliss, including National Guard soldiers and German Air Force members.

Fort Bliss was the first Army installation to be introduced to the new program that was just approved for trial less than three weeks ago.

Lt. Col. William Rieger, U.S. Army Physical Fitness School commandant, and deputy commandant Frank Palkoska both said the new PT will be standardized, disciplined and have a more military appearance.

They also said the program will be more designed toward the individual soldier's needs and ability and not just a "mass one" level of participation.

Some of the key points in the program will be to:

- Improve physical fitness while controlling injuries.

- Progressively condition and toughen soldiers.

- Develop soldiers' self-confidence and discipline.

"We're going to be training as we fight," said

Sgt. Jeffrey J. Hernandez, Headquarters and Headquarters Battery, 6th ADA Brigade.

"We had a lot of injuries in the past," Hernandez said. He said the USAPFS is set to teach this PT to basic trainees and anticipates saving money on hospital costs.

"With these exercises we will be able to better control injuries," said Staff Sgt. Emerson Hazzard, 6th Brigade operations noncommissioned officer and student of the new PT demonstration class. "We'll never be able to get rid of injuries. The Army had to come up with a plan to get the max amount out of a soldier without breaking him," Hazzard said.

Rieger said this program is not a drastic change from what the Army has always been doing, it's just doing it better. "There's no bad exercise, only exercises that are done incorrectly or with the improper intensity, order, volume and amount of repetitions," Rieger said.

Palkoska said when he teaches soldiers in the field, he wants to make sure they understand why they are being taught the particular



Photos by Army Sgt. Trenace Johnson

▲ FORWARD, LUNGE!: Army Staff Sgt. Chance Finely, with the 1-204th Air Defense Artillery, National Guard, practices the squat bender during the PT course.

way of doing the exercises and why they could endure longer if they use the USAPFS program.

In addition, both Rieger and Palkoska said this program would improve soldier performance that is related to their jobs.

For instance, if a soldier has a job that requires him or her to move fast in a moment's notice, the shuttle sprint or start, stop and change direction run that was taught should help with that.

"An active or dynamic exercise like the forward lunge is better for stretching," Rieger said. He said the USAPFS wanted soldiers to do exercises that applied to the functional strength of what they're doing. For instance, he said the high jumper works with soldiers who are airborne.

Rieger said part of the program was designed to train the muscles to respond anaerobically,

using less oxygen, as well as aerobically, using more oxygen.

"You have to stress the body in different ways with a combination of activities to improve," Rieger said. He suggested doing one minute of push-ups with no rest to assess strength.

"We're educating soldiers so they know they can do it and believe they can do it, because they've practiced it on a regular basis," Palkoska said.

Fort Jackson, S.C., is the next installation on Rieger and Palkoska's list.

"We're going to every single installation in the Army," Rieger said, adding that it may take a couple of years.

Staff Sgt. Steven Saenz, an instructor at the fitness school, said a new Army Field Manual 21-20, "Physical Fitness," is currently in the works, but will not be out for a few years.



▲ ALL TOGETHER NOW: Army soldiers do the rower as a warmup exercise for the new PT course.



# Panel releases AF Academy report

**Changes recommended to help combat "severe problem" in AFA culture**

**by Master Sgt. Scott Elliott**

*Air Force Print News*

**WASHINGTON** — The blue-ribbon panel investigating sexual misconduct at the Air Force Academy reported Sept. 22 that failures in leadership led to 142 reported cases of sexual abuse in the past 10 years.

"We found a deep chasm in leadership during the most critical time in the academy's history — one that extended far beyond Colorado Springs," said Tillie K. Fowler, chairman of the Panel to Review Sexual Misconduct Allegations at the U.S. Air Force Academy.

"Sadly, we believe this chasm in leadership helped create an environment in which sexual assault became a part of life," she said.

Fowler said the roots of that environment run so deep into the academy's culture that more than 25 percent of male cadets stated last year they did not believe women belong at the school.

"That is a severe problem in the culture of the academy and reflects a failure of character and values," she said.

The panel made 21 recommendations to Secretary of Defense Donald Rumsfeld and Air Force Secretary Dr. James G. Roche.

Among those was a request that the Department of Defense inspector general conduct a thorough review of accountability of previous leaders at the academy and Air Force headquarters.

"We recognize the difficulty in holding accountable those who have left their positions of leadership, and particularly those who have left military service altogether," Fowler said. "However, given the magnitude of this situation ... every effort should be made to formally document the failures of former leaders and ensure that documentation becomes a part of their official military records."

Fowler said the panel believes current Air Force and academy leaders understand the seriousness of the situation and are committed to finding a lasting solution.

"We are impressed with the leadership of Secretary Roche and (Air Force Chief of Staff) General (John P.) Jumper after a decade of inaction and failures," she said.

The panel did, however, recommend changes to Roche and Jumper's "Agenda for Change" at the academy.

"The Agenda for Change overlooks an established form of privileged communication that is currently available throughout the armed forces and could benefit cadet victims: the psychotherapist-patient privilege," Fowler said.

The seven-member panel rec-



Photo by Master Sgt. Jim Varhegyi

**▲ PANEL'S REPORT:** Air Force General Counsel Mary L. Walker holds a copy of her panel's report on the U.S. Air Force Academy sexual misconduct study during a press briefing in Washington June 19. A separate panel, The Panel to Review Sexual Misconduct Allegations at the U.S. Air Force Academy released another, more critical report Monday recommending additional changes at the school.

ommended combining the existing "Cadets Advancing Sexual Integrity and Education" program with a trained victim advocate psychotherapist program manager. Fowler said the new program would ensure that sexual assault victims had an established communication chain in which to report their assaults.

"Giving victims choices helps them regain a sense of control over their lives and promotes the healing process," she said.

Fowler said the Agenda for Change should be viewed as an initial step toward "reversing years of institutional ineffectiveness.

"Changes will not happen

overnight, nor will (they) be truly effective without sustained focus by academy officials and senior Air Force leadership," Fowler said. "The very culture of the academy must be altered before real change can be maintained for future generations."

The panel also recommended a high degree of monitoring to ensure the changes take hold and remain effective. The panel urged the formation of committees with specific oversight responsibilities for academic affairs, student life and athletics.

Fowler also called on Congress to more aggressively exercise its oversight authority.

## This Week In History

**September 30, 1949  
End of the Berlin Airlift**

Tensions mount after WW II between the Soviet Union and the Allied Powers. The Soviets control everything around the German city of Berlin but not the western part of the city itself. In June 1948, the Soviets suspend all travel in and out of West Berlin. The new "USAF" proves its might, delivering food, coal, and supplies to the starved city for more than a year. Hundreds of C-54 aircraft deliver over two million tons of cargo, as 32 planes are airborne in a 264-mile corridor — with an aircraft taking off or landing every 90 seconds in Berlin.



The Soviet Union formally lifts the blockade in May 1949, but the Allies continue flying until the end of September to prove their determination to keep West Berlin free.



### The Padre's Pen

*"Never measure generosity by what you give, but by what you have left."*

— **Fulton Sheen**

**Be generous and the time here will seem to go faster — Padre**





Courtesy photo

▲ **NEVER FORGET:** Warriors from the U.S. Marine Corps Baker Company pay tribute to our fallen comrades and express their patriotism in honor of Sept. 11, 2001. The unit is deployed to Iraq as part of the only Marine Infantry Battalion left in the country.



Photo by Airman 1st Class Kara Philp

▲ **OVER THE RIVER:** A view of the Euphrates River at sunset as seen from the Italian Air Force's HH3F helicopter

**Here's How:**

We want to see Tallil Air Base and the surrounding areas from the inside and out and we need your help. If you've got a digital camera, then we want to talk to you!

Send us your best digital photo for the week and we'll chose the top shots to be published in the next issue of the *Tallil Times*.

When submitting photos, make sure they are of reasonable quality and in any PC compatible format. Next, make sure you provide us with an accurate description of the event and **COMPLETE** names of all persons pictured.

Photos without complete information cannot be considered. Photos must be in good taste and not compromise safety or security in any manner.

If you have questions, contact the Public Affairs Office at DSN 459-0014 or send your questions directly to [tallil.times@t1ab.aorcentaf.af.mil](mailto:tallil.times@t1ab.aorcentaf.af.mil).

# BEST

— Give Us Your —

# SHOT



Photo by Capt. Remko van de Bunt

▲ **EARLY OPERATIONS:** The maintenance section of the 1st Helidet prepares one of the unit's Chinook Helicopters for early morning operations.



## Intramural basketball

# Teams step it up on the court, separate from pack

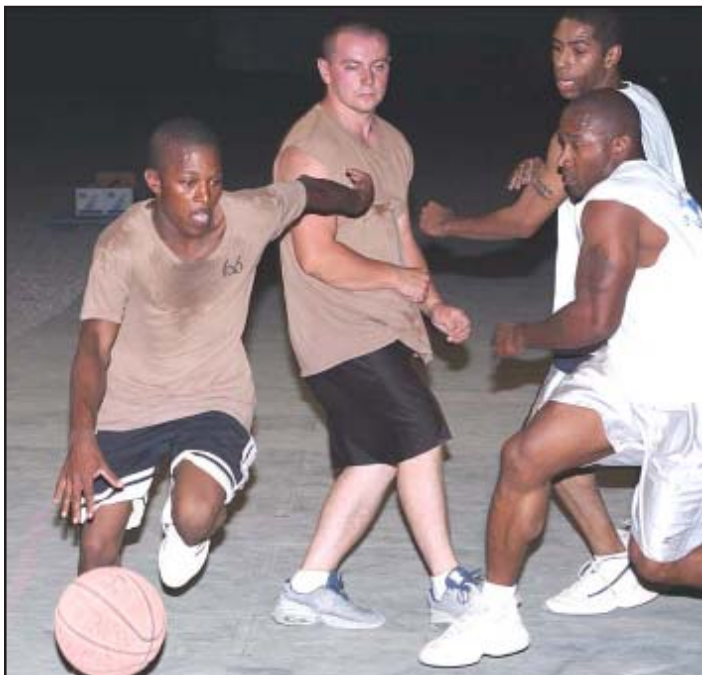


Photo by Master Sgt. Kenneth Velez

▲ **DRIVING BY:** The 439th Quartermaster's Chris Gordon (left) gets away from defenders William Q. Bailey and Kevin Johnson of the 332nd Expeditionary Services Squadron during an intramural basketball game Wednesday.

□ **After two weeks of play, only three teams remain unbeaten – ESFS, ESVS and ELRS are early league leaders**

**by Staff Sgt. Terry Jones**  
332nd ESVS

With the second week of the intramural basketball season winding down, several teams are beginning to separate themselves from the rest of the pack in the standings.

Only three teams remain unbeaten. The 332nd Expeditionary Security Forces Squadron and 332nd Expeditionary Services Squadron both have 4-0 records, while the 332nd Expeditionary Logistics Readiness Squadron is right on their heels with a 2-0 record.

In Monday's action, the 332nd ESFS thumped the 332nd ECS 48-23, and in the battle of

the maintenance units, 332nd Expeditionary Maintenance Squadron downed the 332nd Expeditionary Aircraft Maintenance Squadron 39-26.

Tuesday, the 332nd ESVS continued its unbeaten string with a convincing 48-23 win over the 332nd Air Expeditionary Wing, the 332nd Civil Engineering Squadron downed the 332nd Expeditionary Operations Support Squadron 52-38, and the 332nd ECES Firefighters whipped 332nd ECS 42-27.

The 332nd ESFS and the 332nd ESVS continued its winning ways on Wednesday, with the Cops knocking off 332nd EAMXS 44-30, and the 332nd ESVS coming from behind to beat the 439th Quartermasters 47-39. The 332nd ELRS kept their record unblemished by holding off the 332nd EMDG, 41-34.

## Intramural volleyball

# 2-on-2 tournament preps teams for season finals

**by Airman 1st Class Jessica Snow**

332nd Expeditionary Services Squadron

Although the intramural volleyball season is only a week short of completion, athletes are still going strong.

Ten two-person teams came out to support Saturday's two-on-two volleyball tournament.

The champions of this tournament displayed great ability to cover the sand court and work efficiently together to dig, set, and go for the kill.

Jacey Acol and James Hicken took the tournament with a 21 to 4 win over the runners-up, David Zondor and Scott Fourre in the final match of the evening.

As for intramural volleyball, Saturday will bring the regular season to an end as four teams go head-to-head in rescheduled games.

7 p.m. team 1 vs. 9; 7:45 p.m. team 4 vs. 8; 8:15 p.m. team 2 vs. 11; and 9 p.m. team 7 vs. 11.

Finals for the intramural volleyball season are scheduled for Monday and Tuesday and the top eight of 12 teams will compete.

Monday games are as follows: 7 p.m. 1st place vs. 8th place; 7:45 p.m. 2nd place vs. 7th place; 8:30 p.m. 3rd place vs. 6th place; and 9:15 p.m. 4th place vs. 5th place

Tuesday the semifinals and championship game will be played. Game times will be 7:30, 8:15, and 9 p.m.



Photo by Airman 1st Class Kara Philp

▲ **WEIGHT A MINUTE:** Staff Sgt. Marcus Armstrong, 332nd Expeditionary Civil Engineer Squadron, works out at the Tent City Fitness Center Thursday. The Fitness Center offers a selection of exercise equipment for members to use.